



**FOR PARENTS AND GUARDIANS
A LETTER FROM STUDENT HEALTH SERVICES**

Dear Parent of a Student under 18,

Welcome to San Bernardino Valley College! Enclosed you will find information about services provided through the Student Health Services Office. Although your child is eligible to use these services as a currently enrolled SBVC student, **most** services require parental consent, and you will be contacted when your child seeks these services. See the Youth Emergency Card.

California law allows teenagers to receive some health care services on their own. If your child receives the following services, Student Health Services has to keep those services CONFIDENTIAL. We cannot give you information about these visits without permission from your son or daughter:

- Prevention or treatment of pregnancy
- Prevention or treatment of sexually transmitted diseases (STDs)
- Diagnosis and treatment of sexual and physical abuse
- Drug/Alcohol Counseling

Other areas of teen health that we may talk about during a visit are:

- Depression & Stress
- Family Life
- Safety & Driving
- Diet, exercise, and body image

Be sure the contact information on the Youth Emergency Card is accurate & current.

Student Health Services provides a variety of services for acute and urgent care to students. While we are able to offer services as listed in the enclosed brochures, we are NOT a primary care center. Our services do not replace those offered by your child's primary health provider.

Please feel free to call the Student Health Services office at (909) 384-4495 should you have any questions about these services. Wishing you a successful year at San Bernardino Valley College.

Elaine Akers, RN, MSN, PHN
Coordinator of Student Health Services
San Bernardino Valley College