

Prepare for Your Video Meeting with Your SAS Counselor

- **Arrive on time:** Please join the virtual meeting at your scheduled appointment time.
- **Choose an appropriate setting:** Be in a safe, quiet, and private space. We have reserved this time for you to meet individually with a counselor, just like an on-campus meeting. You are not allowed to drive, talk with other people, engage in other distracting behavior, etc. during this meeting. Please plan ahead.
- **Check your technology:** Test your internet connection, microphone, and camera before your appointment.
- **Join with audio:** When joining Zoom, select an audio source so you can hear your counselor.
- **Using a mobile device?** Download the Zoom Mobile App from the Apple App Store or Google Play. No account is required.

NOTE: For all video appointments, **we strongly recommend that you use a computer rather than a phone.** This is especially important for intake appointments, since several forms will be reviewed throughout the appointment. Your phone screen may not be large enough to clearly display all the visual details of the forms. If you are unable to use a computer for your video appointment, we recommend that you reschedule in-person appointment to ensure that you can fully participate.

Thank you, and we look forward to meeting with you!