Source: https://www.valleycollege.edu/student-services/specialized-counseling-services/health-services/timelycare/index.php

TimelyCare

timelycare

San Bernardino Valley College students have FREE, 24/7 access to virtual care services with TimelyCare — a virtual health and well-being platform designed for college students. Students do not need insurance to access TimelyCare services. As part of SBVC's partnership with TimelyCare, students have access to services in TimelyCare, including:



- **TalkNow:** 24/7, on-demand emotional support to talk about anything, including anxiety, relationships, depression, and school-related stressors.
- **Scheduled Counseling:** Choose the day, time, and mental health provider that works best for you. (12 visits per year)
- **Self-Care Content:** Visit the Self-Care tab for 24/7 access to tools and resources, such as meditation and yoga sessions, helpful videos, and short articles from experts.
- **Basic Needs Support:** Get connected to free or reduced-cost community resources, including food and housing assistance, transit support, childcare, and finances.

Students have access to TimelyCare services 365 days a year. That means you have access during breaks, after-hours, and any time you need support!

Get started now!

How to Access TimelyCare

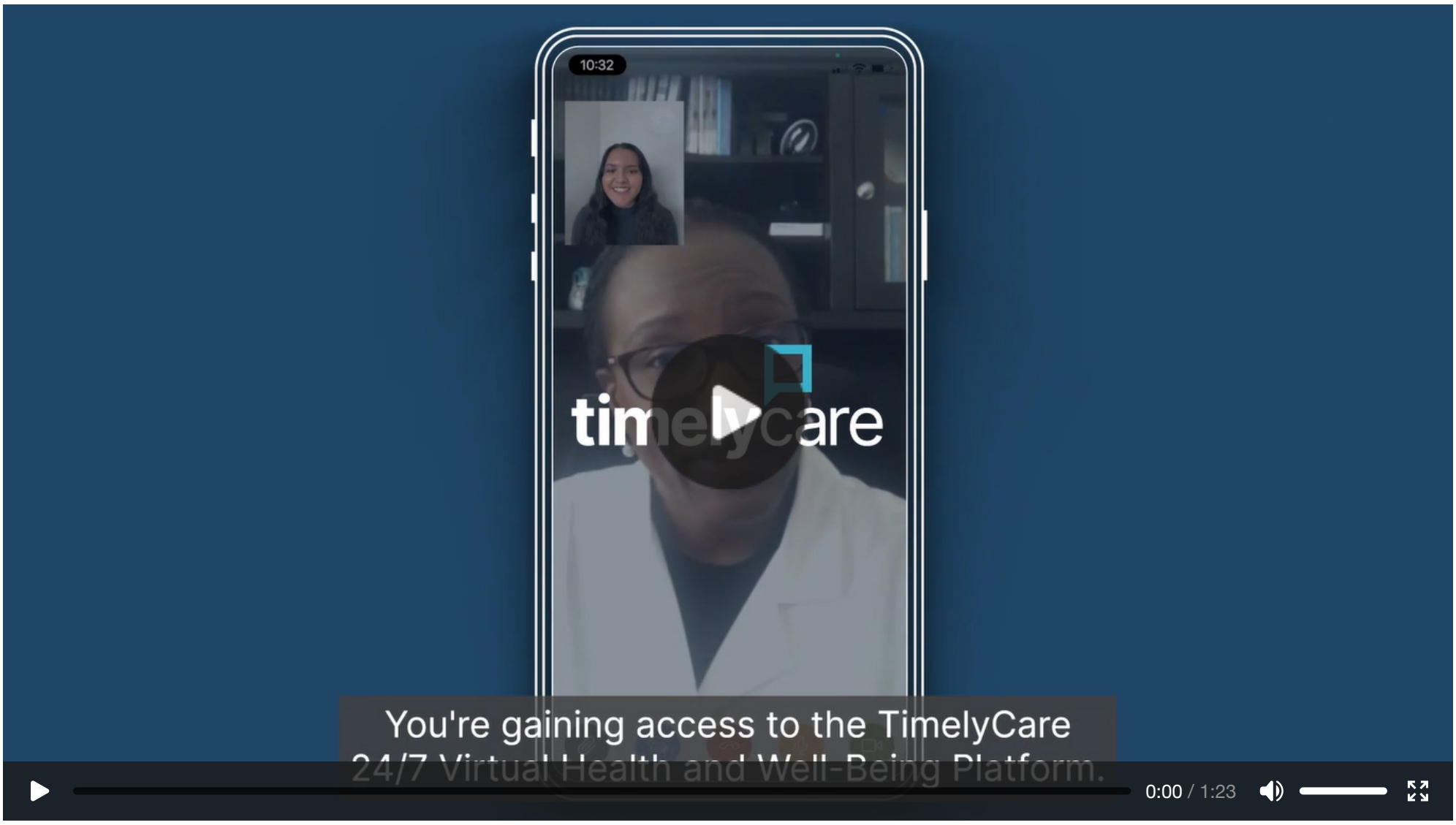
You can go to timelycare.com/sbvc or download the TimelyCare app (iOS or Android) to register with your name and Valley College email address. You can then have visits from any web-enabled device — smartphone, laptop, or desktop. TimelyCare is available from anywhere in the United States.

Access TimelyCare

Download on the App Store

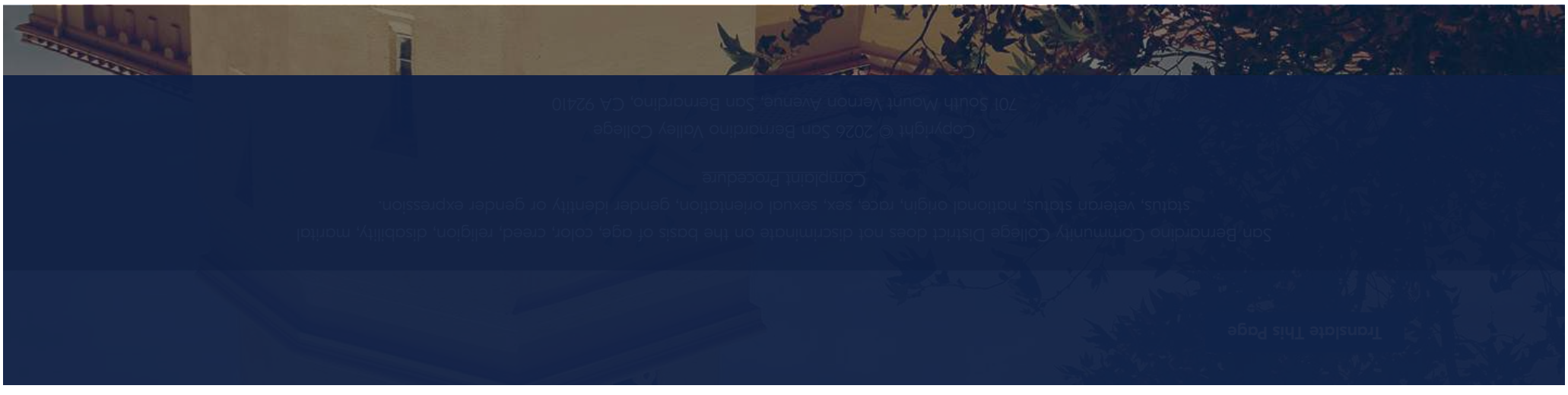
GET IT ON Google Play

How to Get Started With TimelyCare



FAQ

- **What is TimelyCare?**
- **Who can use TimelyCare?**
- **How do I log in?**
- **How much does a visit cost?**
- **I already have insurance. How does TimelyCare benefit me?**
- **What can I be treated for?**
- **What services are available?**



Translate This Page

San Bernardino Community College District does not discriminate on the basis of age, color, creed, religion, disability, marital status, veteran status, national origin, race, sex, sexual orientation, gender identity or gender expression.

Complaint Procedure

Copyright © 2026 San Bernardino Valley College

701 South Mount Vernon Avenue, San Bernardino, CA 92410