Source: https://www.valleycollege.edu/current-students/student-life/calfresh/index.php

CalFresh

Basic Needs Services

View Basic Needs Services Visit Blue's Pantry



As of June 30, 2025, students will need to apply using BenefitsCal.com or email Calfresh@valleycollege.com to schedule a time for additional support

How to Create a BenefitsCal Account

What is CalFresh?

CalFresh is a program that helps individuals and families to buy nutritious groceries and support their well-being.

CalFresh is California's Supplemental Nutrition Assistance Program (SNAP). Previously called Food Stamps, CalFresh is financial assistance that is received on a monthly basis to use to purchase grocery items. CalFresh benefits are provided monthly on an Electronic Benefits Transfer card, also known as an EBT card.

Apply For CalFresh Now

View Preescreening Information (PDF)

Getting Started

Learn more about CalFresh and the application process.

- **Who is Eligible for CalFresh?**
- **CalFresh Prescreening Questions**
- **Where Can I Apply for CalFresh?**
- **What is the CalFresh Application Process?**
- **What You Will Need to Apply?**

Where Can I Buy With CalFresh?

Grocery Stores

CalFresh benefits can be used to purchase fresh food from grocery stores including fruits, vegetables, meats, and food items that have a nutritional label. At checkout, grocery stores can automatically detect what items can be purchase with CalFresh benefits using an EBT card.

CalFresh benefits can even be used for online grocery purchases at participating locations (excluding any delivery fees).

Farmer's Markets

CalFresh benefits can be used at participating farmer's markets, where they will match your usage up to $20 per visit. For example, if you use $20 of CalFresh benefits they will give you an additional $20 to use at that farmer's market on the same visit.

Visit the Market Match website for program details and a map of participating farmer's markets.

Los Angeles County has an additional ARP Market Match program that will match $5 to $40 of CalFresh or WIC benefits at participating locations for fresh fruits and vegetables.

Find Stores That Accept EBT

Frequently Asked Questions

Expand/ Collapse All

- **Do I have to include my parents or roommates on my application?**
- **Am I eligible for CalFresh if I am not a United States citizen?**
- **Can I use CalFresh at restaurants?**

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