Source: https://www.valleycollege.edu/student-services/specialized-counseling-services/health-services/

Student Health Services



Make an Appointment | Services We Offer

Welcome to the Student Health Center!

Here, we prioritize your well-being, offering a range of services to support your physical and mental health throughout your college journey. Whether you're seeking medical care, counseling services, or simply reliable health information, our dedicated team is here to provide compassionate support and guidance.

At the Student Health Center, we understand the unique challenges and pressures that college life can bring. That's why we're committed to creating a safe and inclusive environment where every student feels valued and supported on their path to wellness.
From routine check-ups to crisis intervention, our comprehensive approach to student health encompasses everything you need to thrive academically, emotionally, and socially. Your health and happiness are our top priorities, and we're here to empower you to make informed decisions and lead a fulfilling college experience.

Take the first step towards a healthier, happier you by exploring our services, resources, and support networks available here at the Student Health Center. We're honored to be a part of your journey and look forward to helping you achieve your wellness goals.
Welcome to a community of care, support, and empowerment. Welcome to the Student Health Center.

Contact Us

(909) 384-4495

SHS Building (In front of parking lot #8)

Hours of Operation

Medical Health Services

Our Register Nurse and Nurse Practitioner can help you with minor, non-serious injuries/illnesses and basic preventative healthcare.

Learn More

Counseling Services

We provide free counseling services to help you with crisis-oriented psychological or emotional difficulties.

Learn More

timelycare

TimelyCare — 24/7 Virtual Care Services

FREE, 24/7 access to virtual care services with TimelyCare — a virtual health and well-being platform designed for college students

Learn More

Happening in Student Health Services

Instagram

The link to this profile may be broken,
or the profile may have been removed.

Visit Instagram

Upcoming Events

View All Events

OCT
20

"Fall Into Wellness" Resource Fair

Tuesday, October 20, 2026, 11am – 1pm PDT

OCT
20

Art Processing Counseling Group

Tuesday, October 20, 2026, 1 – 2pm PDT

OCT
20

"The Lonely Hearts Club" (Support Group)

Tuesday, October 20, 2026, 3 – 4pm PDT

OCT
21

Fall Club Crawl

Wednesday, October 21, 2026, 12 – 3pm PDT

Make an Appointment

Call (909) 384-4495 or visit us during open hours to make an appointment for Medical Health & Mental Health Counseling Services .

San Bernardino Valley College

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A college of the San Bernardino Community College District

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