



Psychiatric Technology Program



TOC

Overview of Psych Tech

About the Program

Application Information



What does a Psych-Tech Do?

- The P.T. helps, treats, works with, and takes direct care of, and direct charge of clients with:

- Emotional illness

- Mental illness

- Physical illness

- Developmental disabilities





In a Health Care Setting, The Psych Tech Supervises & Assists Clients In The Areas of:

- Eating
- Sleeping
- Personal hygiene
- Developing social relationships
- Developing skills to resolve conflicts with peers



- Developing job skills
- Assuming responsibility for work
- Finding appropriate leisure & recreation

A Psych Tech Must Have Knowledge Of:

- First Aid
- C.P.R.
- Nursing Process
- Communication
- Behavior modification: observing & changing behavior using rewards & punishments; time-out, ignoring.



- Genetic & metabolic disorders: Prader-Willi, Down syndrome.
- Prenatal & postnatal causes of mental retardation: from exposure to alcohol, illness.
- Neurological disorders – autism, cerebral palsy, hydrocephalus, seizures

A Psych Tech Must Have Knowledge Of:

Diseases & Treatments of These Systems:

- Cardiovascular
- Blood & blood vessels
- Respiratory
- Gastrointestinal
- Urinary
- Eye, nose, ear & throat



- Endocrine
- Reproductive
- Musculoskeletal
- Skin
- Childhood
- Aging & elderly

A Psych Tech Must Have Knowledge of:



- Pharmacology (drugs & calculation of drug dosages).
- Nutrition
- Eating and feeding disorders.
- Growth & development
- Drug abuse & alcoholism
- Anxiety disorders: phobias
- Mood disorders: bipolar, depression.
- Schizophrenia
- Personality disorders
- Human sexuality
- Individual & Group therapies

A Psych Tech is able to perform:

- Vital signs: B/P, pulse, temperature
- Bed bath & bed-making
- Feeding & toileting
- Medication administration
- Injections: insulin, TB skin test, IM
- Seizure management

Care of:

- Client confined to bed
- Colostomy
- Tracheostomy

Insertion of:

- Nasogastric tube
- Gastrostomy tube
- Enemas
- Urinary Catheterization



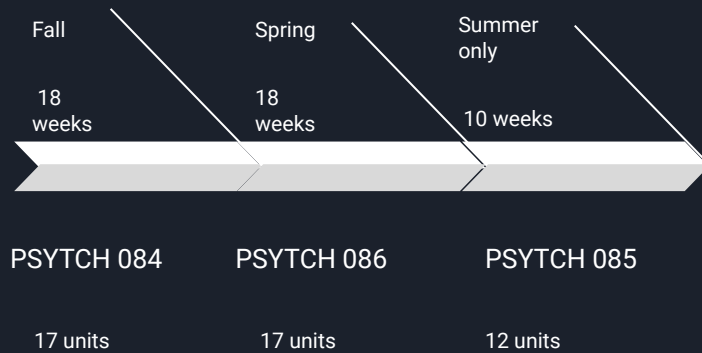
About the Program

- 1 year; 3 semesters.
- Enrollment: – August to August – January to December.
- Application Deadlines: – August class is March. 1 – January class is Sept. 1
- up to 40 students per class on a first qualified basis.





Program Timeline





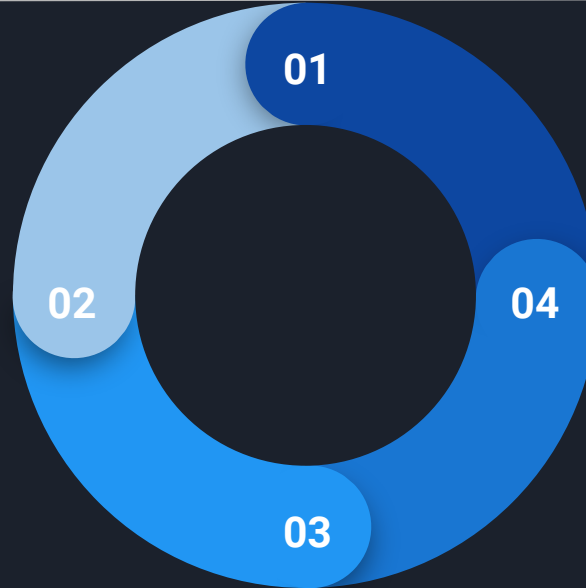
Application to the Program

Get Transcripts

Application must include proof of HS graduation/GED, unofficial transcripts from SBVC (if any), & official transcripts from all other colleges*

Complete Assessments

Include assessments and counselor approved ed plan with all other info required for application



Prerequisites

Complete all prerequisites **PRIOR** to applying with a 'C' or better. • Biology 155 • English 101 or higher. • Psychology 100 • Math 095 or higher. Check Worksheet on homepage for more info

Application

Submitted online. Only accepted within specified windows. Check homepage for up-to-date info regarding applications

*Foreign transcripts need to be evaluated. See Admissions & Counseling for more information.



INSTRUCTION

- LECTURE

- In classrooms at SBVC
Mondays & Wednesdays

- 5-6 1/2 hours per day

- CLINICAL

- At community sites Tues.,
Thurs., Fridays

- 7-8 hours per day

- Total hours in training per week:

31-35 hours.

Hospital sites for training:

- Anderson School
- San Geronio High School
- Cajon High School
- Pacific High School
- Arroyo High School
- Canyon Springs Community Facility
- Rialto Post Acute Care
- Del Rosa Villas
- Waterman Canyon
- Patton State Hosp
- Sierra Vista
- Shandin Hills
- California Institute for Women
- Arrowhead Regional Med Center
- Arrowhead Regional Med Center BH
- Pacific Grove Hospital



SAN BERNARDINO VALLEY PROGRAM

Estimate of Expenses (3 semesters)*

*These are approximate & subject to change

Livescan (FBI/DOJ)	\$67.00
Required Clearance through SBUSD –Fee	\$0.00
PSYTCH 084 – 17 Units (1st term)	\$782.00
PSYTCH 085 – 12 Units (2nd or 3rd term)	\$552.00
PSYTCH 086 – 17 Units (2nd or 3rd term)	\$782.00
Malpractice Insurance	\$41.00
Castlebranch	\$70.00
Textbooks (approx.)	\$404.85

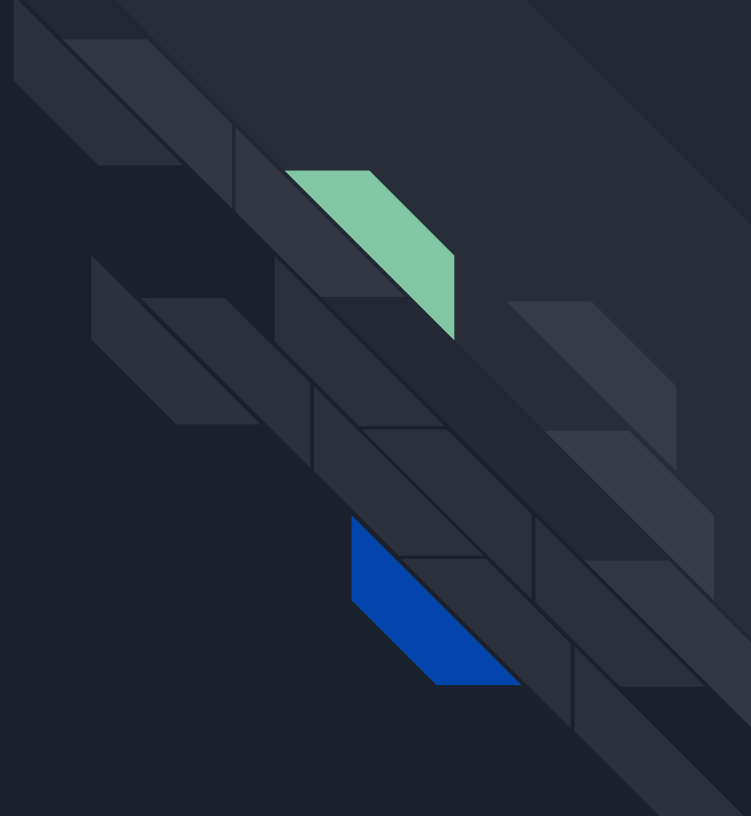
Miscellaneous Supplies (paper, testing supplies etc.)	\$75.00
Uniforms & Equipment (Stethoscope, misc)	\$225.00
Annual Parking Permit	\$75.00
Health & Accident Fee	\$21.00
Completion Ceremony (approx.)	\$120.00
*BVNPT Application Processing Fee for State Licensing Exam	\$265.00
*BVNPT License Fee	\$220.00
*BVNPT -DOJ and FBI Fingerprint Processing Fee (Varies)	\$67.00
Approx total cost:	\$3,766.85

*Fees are not College fees but are required to get a license, therefore are included here.



The following crimes may prevent a candidate from becoming licensed and employed:

- Violent crimes
- Child abuse
- Spousal abuse
- Elder abuse
- Dependent abuse
- Stalking
- Murder
- Kidnapping
- Hostage taking
- False imprisonment
- Drug crimes less than 5 years
- D.U.I.s less than 3 years
- Welfare Fraud
- Other felonies





What makes someone a good candidate?

- A good candidate is one who is honest & ethical
- Enjoys working with people
- Has good communication skills or is willing to develop these skills
- Is open minded and open to learning new skills
- Can work in different & sometimes difficult situations
- Can manage stress in a healthy manner
- Is hopeful and recognizes that human behavior is dynamic and can be changed.



Licensure



- To find employment as a Psychiatric Technician, the candidate upon completion of the program must successfully pass a licensing exam administered by the Board of Vocational Nursing and Psychiatric Technicians.
- Upon passing the exam, the candidate must apply for the license – cost \$ 300. (If employed by a State agency, the cost is reimbursed to the Psychiatric Technician).
- Every 2 years, the PT must complete 30 Continuing Education Units (C.E.U.s) and renew their license.