



# San Bernardino Valley College

## 2025-2026 Catalog Addendum II

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This addendum to the 2025-2026 San Bernardino Valley College Catalog reflects updates and offers new educational opportunities for students. These updates/revisions were approved after the 2024-2025 Catalog was published online. Although every effort has been made to ensure accuracy of the information, all students should consult with a counselor for further information.

***Our Mission: San Bernardino Valley College provides innovative instructional programs and cohesive student services to support the educational goals of a culturally diverse community of learners by engaging in continuous improvement and actively working towards an antiracist culture to foster an environment of meaningful learning and belonging for our students, employees, and the community.***

## California General Education Transfer Curriculum (Cal-GETC)

Starting fall 2025, the California General Education Transfer Curriculum (Cal-GETC) replaces IGETC and CSU-GE Breadth as the single lower-division general education (GE) pathway for students transferring to the California State University (CSU) and University of California (UC) systems (AB 928-Berman, 2021). Cal-GETC certification is required for students pursuing an Associate Degree for Transfer (ADT).

Note: Students planning to transfer with a Science, Technology, Engineering or Math (STEM) major are advised to work closely with a SBVC Counselor to determine the appropriate combination of GE and lower-division major preparation courses needed for successful transfer.

### Cal-GETC Certificate of Achievement

The California General Education Tranter Curriculum certificate of achievement is intended for students who are planning to transfer their lower-division transferable general education and major preparation courses from SBVC to a campus in the California State University (CSU) or University of California (UC) system. It may also be accepted by some private/independent or out of state universities. The course requirements for all areas in Cal-GETC must be completed with a grade of "C" or higher.

#### Important Information:

1. **CSU and UC Admission Requirements**
  - a. Completion of the Cal-GETC is not an admission requirement, or an admission guarantee for transfer to a CSU or UC. To obtain more info:
    - i. For CSU visit the [CSU Admissions website](#)
    - ii. For UC visit the [UC Admissions website](#)
    - iii. *Note: Students who initially enrolled at a UC campus, then leave and attend SBVC and plan to return to that UC campus (readmits) cannot use Cal-GETC to meet their transfer requirements.*
2. **Cal-GETC Certification**
  - a. Students may receive full certification only.
  - b. Courses must be passed with a minimum grade of "C".
  - c. Courses are certified beginning the year they are approved and remain certified until officially removed.
  - d. SBVC certifies transfer coursework based on each course's Cal-GETC approval status at the originating campus.
  - e. Official transcripts from high school and other colleges and universities must be on file at the SBVC Admissions and Records Office.
3. **Credit by External Examinations**
  - a. Advanced Placement (AP) Exams and International Baccalaureate (IB) Exams can be used to satisfy Cal-GETC subject areas where applicable. Refer to the [SBVC Catalog charts](#) for more information.
  - b. CLEP cannot be used for Cal-GETC.
4. **Catalog Rights**
  - a. Catalog Rights at San Bernardino Valley College (SBVC) are determined by the first term a student registers for courses at SBVC and/or Crafton Hills College (CHC), including courses offered through dual enrollment. Catalog rights remain with a student as long as they maintain continuous enrollment. A student may choose to fulfill graduation requirements from any academic year for which continuous enrollment is met.
    - i. **Understanding Continuous Enrollment:** Continuous enrollment is defined as enrolling in at least one course during each academic year at SBVC and/or CHC, including courses offered through dual enrollment (Fall, Spring, Summer).
    - ii. Any academic record symbol (A, B, C, D, F, CR, NC, P, NP, I, IP, EW, FW, or W) counts as enrollment.
    - iii. *Note: Catalog rights do not guarantee the availability of discontinued or significantly modified programs, courses, or requirements.*
  - b. Catalog Rights and Transfer Institutions: The California State Universities (CSUs) catalog rights are governed by Title 5, section 40401. Some CSUs may honor CCC catalog rights policies and extend their applicability to all students, in practice. The University of California (UC) has no systemwide catalog rights policy. UC will continue to accept appropriate California Community College (CCC) certifications of IGETC and Cal-GETC for incoming students for the time being.

**Area 1: English Communication**

Three (3) courses required, one from each group below.

CODE	TITLE
<b>1A - English Composition</b>	
One (1) course, 3 semester/4 quarter units	
<a href="#">ENGL C1000</a> or <a href="#">ENGL C1000H</a>	Academic Reading and Writing Academic Reading and Writing - Honors
<b>1B - Critical Thinking and Composition</b>	
One (1) course, 3 semester/4 quarter units	
<a href="#">ENGL C1001</a> or <a href="#">ENGL C1001H</a>	Critical Thinking and Writing Critical Thinking and Writing - Honors
<a href="#">PHIL 102</a>	Critical Thinking and Writing
<a href="#">READ 104</a>	Critical Reading, Thinking and Literacy
<b>1C - Oral Communication</b>	
One (1) course, 3 semester/4 quarter units	
<a href="#">COMM C1000</a> or <a href="#">COMM C1000H</a>	Introduction to Public Speaking Introduction to Public Speaking - Honors
<b>Area 2: Mathematical Concepts and Quantitative Reasoning</b>	
One (1) course, 3 semester units/4 quarter units.	
CODE	TITLE
<a href="#">ECON 208</a>	Business and Economic Statistics
<a href="#">MATH 102</a>	College Algebra
<a href="#">MATH 115</a>	Ideas of Mathematics
<a href="#">MATH 141</a>	Business Calculus
<a href="#">MATH 151</a>	Precalculus
<a href="#">MATH 180</a>	Introduction to Data Science
<a href="#">MATH 250</a>	Single Variable Calculus I

CODE	TITLE
<a href="#">MATH 251</a>	Single Variable Calculus II
<a href="#">MATH 252</a>	Multivariable Calculus
<a href="#">MATH 265</a>	Linear Algebra
<a href="#">MATH 266</a>	Ordinary Differential Equations
<a href="#">PSYC 105</a>	Statistics for the Behavioral Sciences (completed Fall 2009 or later)
<a href="#">STAT C1000</a> or <a href="#">STAT C1000H</a>	Introduction to Statistics Introduction to Statistics - Honors

### Area 3: Arts and Humanities

Two (2) courses: one Arts and one Humanities, 6 semester/8 quarter units.

CODE	TITLE
<b>3A - Arts (Art, Cinema, Dance, Music, Theatre)</b>	
One (1) course, 3 semester/4 quarter units	
<a href="#">ANTHRO 109</a>	Visual Culture and Art
<a href="#">ARCH 145</a> or <a href="#">ARCH 145H</a>	History of Architecture: Early Design Through Gothic History of Architecture: Early Design Through Gothic - Honors
<a href="#">ARCH 146</a> or <a href="#">ARCH 146H</a>	History of Architecture: Renaissance Through Modern Architecture History: Renaissance to Modern - Honors
<a href="#">ART 100</a>	Art History: The Stone Age to the Middle Ages
<a href="#">ART 102</a> or <a href="#">ART 102H</a>	Art History: Renaissance to Present Art History: Renaissance to Present - Honors
<a href="#">ART 103</a>	Art Appreciation
<a href="#">ART 105</a>	History of Modern Art
<a href="#">ART 107</a>	Art History: Africa, Oceania and the Americas
<a href="#">ART 108</a>	Art of Mexico and Mesoamerica
<a href="#">DANCE 100</a>	Dance History and Appreciation
<a href="#">FTVM 102</a>	Introduction to Film and Media Aesthetics

CODE	TITLE
<a href="#">FTVM 103</a> or <a href="#">ETHS 103</a>	Ethnicity and Identity in Media Ethnicity and Identity in Media
<a href="#">MUS 100</a> or <a href="#">MUS 100H</a>	Music Appreciation Music Appreciation - Honors
<a href="#">MUS 101</a>	Music Theory I: Fundamentals
<a href="#">MUS 102</a>	Music Theory II: Scales and Modes
<a href="#">MUS 104</a>	History of Rock and Roll
<a href="#">MUS 105</a>	American Popular Music
<a href="#">MUS 106</a>	History of Jazz
<a href="#">MUS 107</a>	Music Cultures of the World
<a href="#">MUS 108</a>	History of Hip Hop Music
<a href="#">MUS 121</a> or <a href="#">MUS 121H</a>	Music History and Literature - Middle Ages through Baroque Music History and Literature - Middle Ages through Baroque - Honors
<a href="#">MUS 122</a> or <a href="#">MUS 122H</a>	Music History and Literature - Classic through Contemporary Music History and Literature - Classic through Contemporary - Honors
<a href="#">THART 100</a>	Introduction to the Theatre

### 3B - Humanities (Literature, Philosophy, and Languages Other than English)

One (1) course, 3 semester/4 quarter units

<a href="#">ANTHRO 108</a> or <a href="#">ETHS 108</a>	Introduction to Native American Studies Introduction to Native American Studies
<a href="#">ANTHRO 111</a> or <a href="#">ANTHRO 111H</a>	The Anthropology of Magic, Witchcraft, and Religion The Anthropology of Magic, Witchcraft, and Religion - Honors
<a href="#">ARAB 102</a>	College Arabic II
<a href="#">ASL 111</a>	American Sign Language III
<a href="#">ASL 112</a>	American Sign Language IV
<a href="#">ENGL 140</a>	Exploring the World of Science Fiction
<a href="#">ENGL 141</a>	Mystery and Detective Fiction

CODE	TITLE
<a href="#">ENGL 151</a> or <a href="#">ENGL 151H</a>	College Composition and Literature College Composition and Literature - Honors
<a href="#">ENGL 153</a>	Literature and Film
<a href="#">ENGL 161</a>	Women Writers
<a href="#">ENGL 163</a> or <a href="#">ETHS 163</a>	Chicana/o Literature Chicana/o Literature
<a href="#">ENGL 165</a> or <a href="#">ETHS 165</a>	African-American Literature African-American Literature
<a href="#">ENGL 260</a> or <a href="#">ENGL 260H</a>	American Literature to 1865 American Literature to 1865 - Honors
<a href="#">ENGL 261</a>	American Literature from 1865 to Present
<a href="#">ENGL 270</a> or <a href="#">ENGL 270H</a>	English Literature: Middle Ages to 18th Century English Literature: Middle Ages to 18th Century - Honors
<a href="#">ENGL 271</a> or <a href="#">ENGL 271H</a>	English Literature: Late 18th Century to Present English Literature: Late 18th Century to Present - Honors
<a href="#">FRENCH 102</a>	College French II
<a href="#">HIST 100</a> or <a href="#">HIST 100H</a>	United States History to 1877 United States History to 1877 - Honors
<a href="#">HIST 101</a> or <a href="#">HIST 101H</a>	United States History: 1865 to Present United States History: 1865 to Present - Honors
<a href="#">HIST 107</a> or <a href="#">HIST 107H</a> or <a href="#">ETHS 107</a> or <a href="#">ETHS 107H</a>	Native American Experiences in U.S. History Native American Experiences in U.S. History - Honors Native American Experiences in U.S. History Native American Experiences in U.S. History - Honors
<a href="#">HIST 137</a>	Experiences of Racial and Ethnic Groups in U.S. History
<a href="#">HIST 138</a>	The African American Experience in U.S. History to 1877
<a href="#">HIST 139</a>	The African American Experience in U.S. History from 1877
<a href="#">HIST 140</a>	Chicano Experiences in U.S. History

CODE	TITLE
or <a href="#">HIST 140H</a>	Chicano Experiences in U.S. History - Honors
<a href="#">HIST 142</a>	Experiences of Asian Americans in U.S. History
<a href="#">HIST 145</a>	History of California
or <a href="#">HIST 145H</a>	History of California - Honors
<a href="#">HIST 150</a>	Introduction to Latin American History
<a href="#">HIST 170</a>	World History to 1500
<a href="#">HIST 171</a>	World History Since 1500
<a href="#">HIST 176</a>	Comparative History of Genocide and War Crimes
<a href="#">HIST 185</a>	Women in United States History
<a href="#">PHIL 101</a>	Introduction to Philosophy
or <a href="#">PHIL 101H</a>	Introduction to Philosophy - Honors
<a href="#">PHIL 105</a>	Introduction to Ethics
<a href="#">PHIL 109</a>	Philosophy of Religion
<a href="#">PHIL 112</a>	Philosophy in Literature
<a href="#">PHIL 180</a>	Death and Dying
<a href="#">RELIG 100</a>	Introduction to Religious Studies
or <a href="#">RELIG 100H</a>	Introduction to Religious Studies - Honors
<a href="#">RELIG 101</a>	Introduction to World Religions
<a href="#">RELIG 115</a>	Magic, Witchcraft, Cults, and New Religious Movements
<a href="#">RELIG 135</a>	Religion in America
<a href="#">RELIG 150</a>	Introduction to Mythology
<a href="#">RELIG 175</a>	The Literature and Religion of the Bible
<a href="#">RELIG 176</a>	Jesus and His Interpreters
<a href="#">RELIG 180</a>	Death and Dying
<a href="#">SPAN 102</a>	College Spanish II
or <a href="#">SPAN 102H</a>	College Spanish II - Honors
<a href="#">SPAN 109</a>	Spanish Civilization and Culture

CODE	TITLE
or <a href="#">SPAN 103H</a>	College Spanish III - Honors
<a href="#">SPAN 104</a>	College Spanish IV
<a href="#">SPAN 109</a>	Spanish Civilization and Culture
<a href="#">SPAN 110</a>	Latin American Civilization and Culture
<a href="#">SPAN 157</a>	Spanish for Heritage Speakers I
<a href="#">SPAN 158</a>	Spanish for Heritage Speakers II
<a href="#">THART 105</a>	Script Analysis

#### Area 4: Social and Behavioral Sciences

Two (2) courses must be from two different disciplines, 6 semester/8 quarter units.

CODE	TITLE
<a href="#">ANTHRO 100</a>	Introduction to Archaeology
<a href="#">ANTHRO 102</a>	Cultural Anthropology
or <a href="#">ANTHRO 102H</a>	Cultural Anthropology - Honors
<a href="#">ANTHRO 103</a>	Anthropology of Food
<a href="#">ANTHRO 106</a>	Biological Anthropology
or <a href="#">ANTHRO 106H</a>	Biological Anthropology - Honors
<a href="#">ANTHRO 108</a>	Introduction to Native American Studies
or <a href="#">ETHS 108</a>	Introduction to Native American Studies
<a href="#">ANTHRO 109</a>	Visual Culture and Art
<a href="#">ANTHRO 111</a>	The Anthropology of Magic, Witchcraft, and Religion
or <a href="#">ANTHRO 111H</a>	The Anthropology of Magic, Witchcraft, and Religion - Honors
<a href="#">ANTHRO 125</a>	Language and Culture
<a href="#">CD 105</a>	Child Growth and Development
or <a href="#">CD 105H</a>	Child Growth and Development - Honors
<a href="#">CD 108</a>	Early Childhood Development
<a href="#">CD 126</a>	Child, Family, and the Community

CODE	TITLE
<a href="#">COMM 135</a>	Mass Media and Society
<a href="#">COMM 174</a>	Intercultural Communication
<a href="#">COMM 176</a>	Gender Differences in Communication
<a href="#">ECON 100</a>	Introduction to Economics
<a href="#">ECON 200</a> or <a href="#">ECON 200H</a>	Principles of Macroeconomics Principles of Macroeconomics - Honors
<a href="#">ECON 201</a> or <a href="#">ECON 201H</a>	Principles of Microeconomics Principles of Microeconomics - Honors
<a href="#">EDUC 103</a>	Education, Society, and Culture
<a href="#">ETHS 100</a>	Introduction to Ethnic Studies
<a href="#">ETHS 104</a>	Latina/o/x Studies
<a href="#">ETHS 105</a>	Introduction to Asian American Studies
<a href="#">ETHS 106</a>	Introduction to Black Studies
<a href="#">FTVM 101</a>	Introduction to Electronic Media
<a href="#">GEOG 102</a>	Cultural Geography
<a href="#">GEOG 106</a>	Geographic Perspectives on the Environment
<a href="#">GEOG 118</a>	California Geography
<a href="#">GEOG 120</a>	World Regional Geography
<a href="#">GLST 101</a>	Introduction to Global Studies
<a href="#">GLST 102</a>	Global Issues
<a href="#">HIST 100</a> or <a href="#">HIST 100H</a>	United States History to 1877 United States History to 1877 - Honors
<a href="#">HIST 101</a> or <a href="#">HIST 101H</a>	United States History: 1865 to Present United States History: 1865 to Present - Honors
<a href="#">HIST 107</a> or <a href="#">HIST 107H</a> or <a href="#">ETHS 107</a>	Native American Experiences in U.S. History Native American Experiences in U.S. History - Honors Native American Experiences in U.S. History

CODE	TITLE
or <a href="#">ETHS 107H</a>	Native American Experiences in U.S. History - Honors
<a href="#">HIST 137</a>	Experiences of Racial and Ethnic Groups in U.S. History
<a href="#">HIST 138</a>	The African American Experience in U.S. History to 1877
<a href="#">HIST 139</a>	The African American Experience in U.S. History from 1877
<a href="#">HIST 140</a> or <a href="#">HIST 140H</a>	Chicano Experiences in U.S. History Chicano Experiences in U.S. History - Honors
<a href="#">HIST 142</a>	Experiences of Asian Americans in U.S. History
<a href="#">HIST 145</a> or <a href="#">HIST 145H</a>	History of California History of California - Honors
<a href="#">HIST 150</a>	Introduction to Latin American History
<a href="#">HIST 170</a>	World History to 1500
<a href="#">HIST 171</a>	World History Since 1500
<a href="#">HIST 176</a>	Comparative History of Genocide and War Crimes
<a href="#">HIST 185</a>	Women in United States History
<a href="#">KIN 202</a>	History of Physical Education and Sport in the United States
<a href="#">PHIL 180</a>	Death and Dying
<a href="#">POLS C1000</a> or <a href="#">POLS C1000H</a>	American Government and Politics American Government and Politics - Honors
<a href="#">POLS 110</a> or <a href="#">POLS 110H</a>	Introduction to Political Theory Introduction to Political Theory - Honors
<a href="#">POLS 140</a>	Introduction to Comparative Politics
<a href="#">POLS 141</a> or <a href="#">POLS 141H</a>	Introduction to World Politics Introduction to World Politics - Honors
<a href="#">POLS 150</a>	Introduction to Public Policy
<a href="#">POLS 170</a>	Introduction to the Politics of Race and Gender
<a href="#">POLS 173</a>	California Government
<a href="#">PSYC C1000</a>	Introduction to Psychology

CODE	TITLE
or <a href="#">PSYC C1000H</a>	Introduction to Psychology - Honors
<a href="#">PSYC 102</a>	Personal and Social Adjustment
<a href="#">PSYC 110</a>	Abnormal Psychology
<a href="#">PSYC 111</a>	Developmental Psychology: Lifespan
<a href="#">PSYC 112</a>	Developmental Psychology: Child and Adolescent Psychology
<a href="#">PSYC 118</a>	Human Sexual Behavior
<a href="#">PSYC 119</a>	Multicultural Psychology
<a href="#">RELIG 115</a>	Magic, Witchcraft, Cults, and New Religious Movements
<a href="#">RELIG 180</a>	Death and Dying
<a href="#">SOC 100</a> or <a href="#">SOC 100H</a>	Introduction to Sociology Introduction to Sociology - Honors
<a href="#">SOC 110</a> or <a href="#">SOC 110H</a>	Social Problems Social Problems - Honors
<a href="#">SOC 120</a>	Health and Social Justice
<a href="#">SOC 130</a>	Family Sociology
<a href="#">SOC 135</a>	Introduction to Crime
<a href="#">SOC 141</a> or <a href="#">SOC 141H</a> or <a href="#">ETHS 141</a> or <a href="#">ETHS 141H</a>	Race and Ethnic Relations Race and Ethnic Relations - Honors Race and Ethnic Relations Race and Ethnic Relations - Honors
<a href="#">SOC 145</a>	Sociology of Gender
<a href="#">SOC 150</a>	Aging and the Life Course

#### Area 5: Physical and Biological Sciences

Two (2) courses; one (1) in 5A and one (1) in 5B. At least one must include a laboratory, 7 semester/9 quarter units.

CODE	TITLE
<b>5A - Physical Science</b>	

CODE	TITLE
One course required from the following:	
<a href="#">ASTRON 120</a>	Introduction to Astronomy
<a href="#">ASTRON 125</a>	Astronomy Laboratory <sup>1</sup>
<a href="#">CHEM 101</a>	Introductory Chemistry <sup>1</sup>
<a href="#">CHEM 104</a>	Introduction to Organic Chemistry and Biochemistry <sup>1</sup>
<a href="#">CHEM 105</a>	Introduction to General, Organic and Biochemistry <sup>1</sup>
<a href="#">CHEM 150</a>	General Chemistry I <sup>1</sup>
<a href="#">CHEM 151</a>	General Chemistry II <sup>1</sup>
<a href="#">CHEM 212</a>	Organic Chemistry I <sup>1</sup>
<a href="#">CHEM 213</a>	Organic Chemistry II <sup>1</sup>
<a href="#">ENVSCI 100</a>	Introduction to Environmental Science
<a href="#">GEOG 110</a>	Physical Geography
<a href="#">GEOG 111</a> or <a href="#">GEOG 111H</a>	Physical Geography Laboratory <sup>1</sup> Physical Geography Laboratory - Honors
<a href="#">GEOG 114</a>	Weather and Climate <sup>1</sup>
<a href="#">GEOL 101</a>	Introduction to Physical Geology
<a href="#">GEOL 111</a>	Introduction to Physical Geology Laboratory <sup>1</sup>
<a href="#">GEOL 112</a>	Historical Geology <sup>1</sup>
<a href="#">GEOL 122</a>	Environmental Geology
<a href="#">GEOL 140</a>	Earth Science
<a href="#">GEOL 141</a>	Earth Science Laboratory <sup>1</sup>
<a href="#">GEOL 250</a>	Geology of California
<a href="#">GEOL 251</a>	Geology of the National Parks and Monuments
<a href="#">OCEAN 101</a>	Elements of Oceanography
<a href="#">OCEAN 111</a>	Elements of Oceanography Laboratory <sup>1</sup>

CODE	TITLE
<a href="#">PHYSIC 101</a>	Introductory Physics <sup>1</sup>
<a href="#">PHYSIC 151</a>	General Physics for the Life Sciences I <sup>1</sup>
<a href="#">PHYSIC 152</a>	General Physics for the Life Sciences II <sup>1</sup>
<a href="#">PHYSIC 202</a>	Physics I <sup>1</sup>
<a href="#">PHYSIC 203</a>	Physics II <sup>1</sup>
<a href="#">PHYSIC 204</a>	Physics III <sup>1</sup>

### 5B - Biological Science

One course required from the following:

<a href="#">ANTHRO 106</a> or <a href="#">ANTHRO 106H</a>	Biological Anthropology Biological Anthropology - Honors
<a href="#">ANTHRO 106L</a>	Biological Anthropology Laboratory <sup>1</sup>
<a href="#">BIOL 100</a>	General Biology <sup>1</sup>
<a href="#">BIOL 104</a>	Human Ecology
<a href="#">BIOL 141</a>	Genetics
<a href="#">BIOL 205</a>	Cell and Molecular Biology <sup>1</sup>
<a href="#">BIOL 206</a>	Organismal Biology <sup>1</sup>
<a href="#">BIOL 207</a>	Evolutionary Ecology <sup>1</sup>
<a href="#">BIOL 250</a>	Human Anatomy and Physiology I <sup>1</sup>
<a href="#">BIOL 251</a>	Human Anatomy and Physiology II <sup>1</sup>
<a href="#">BIOL 260</a>	Human Anatomy <sup>1</sup>
<a href="#">BIOL 261</a>	Human Physiology <sup>1</sup>
<a href="#">BIOL 270</a>	Microbiology <sup>1</sup>
<a href="#">PSYC 141</a>	Introduction to Biological Psychology

<sup>1</sup> Laboratory Class

### Area 6: Ethnic Studies

One (1) course from the list below, 3 semester/4 quarter units.

CODE	TITLE
<a href="#">ETHS 100</a>	Introduction to Ethnic Studies
<a href="#">ETHS 103</a> or <a href="#">FTVM 103</a>	Ethnicity and Identity in Media Ethnicity and Identity in Media
<a href="#">ETHS 104</a>	Latina/o/x Studies
<a href="#">ETHS 105</a>	Introduction to Asian American Studies
<a href="#">ETHS 106</a>	Introduction to Black Studies
<a href="#">ETHS 107</a> or <a href="#">ETHS 107H</a> or <a href="#">HIST 107</a> or <a href="#">HIST 107H</a>	Native American Experiences in U.S. History Native American Experiences in U.S. History - Honors Native American Experiences in U.S. History Native American Experiences in U.S. History - Honors
<a href="#">ETHS 108</a> or <a href="#">ANTHRO 108</a>	Introduction to Native American Studies Introduction to Native American Studies
<a href="#">ETHS 141</a> or <a href="#">ETHS 141H</a> or <a href="#">SOC 141</a> or <a href="#">SOC 141H</a>	Race and Ethnic Relations Race and Ethnic Relations - Honors Race and Ethnic Relations Race and Ethnic Relations - Honors
<a href="#">ETHS 163</a> or <a href="#">ENGL 163</a>	Chicana/o Literature Chicana/o Literature
<a href="#">ETHS 165</a> or <a href="#">ENGL 165</a>	African-American Literature African-American Literature

**Optional CSU Requirement ONLY:**

**United States History, Constitution & American Ideals** is not a part of Cal-GETC, but SBVC can certify completion of this requirement. Courses used to satisfy this requirement may also be applied to Cal-GETC areas (3B/4). Select one course from US-1, US-2, and US-3. **Note:** POLS C1000/POLS C1000H satisfies both US-2 & US-3.

CODE	TITLE
<b>US-1:</b>	
<a href="#">HIST 100</a> or <a href="#">HIST 100H</a>	United States History to 1877 United States History to 1877 - Honors
<a href="#">HIST 101</a> or <a href="#">HIST 101H</a>	United States History: 1865 to Present United States History: 1865 to Present - Honors

CODE	TITLE
<a href="#">HIST 137</a>	Experiences of Racial and Ethnic Groups in U.S. History
<b>US-2:</b>	
<a href="#">POLS C1000</a>	American Government and Politics
or <a href="#">POLS C1000H</a>	American Government and Politics - Honors
<b>US-3:</b>	
<a href="#">POLS C1000</a>	American Government and Politics
or <a href="#">POLS C1000H</a>	American Government and Politics - Honors
<a href="#">POLS 173</a>	California Government
Course List	
<b>Optional UC Requirement ONLY:</b>	
<b>Language Other than English (LOTE)</b> is <u>not</u> a part of Cal-GETC. UC's LOTE requirement is a graduation requirement for many UC degrees; students should consult with an SBVC Counselor to verify if it applies to their intended major or campus. The equivalent of 2 years of high school language instruction will satisfy the LOTE requirement or completion of any course below:	
CODE	TITLE
<a href="#">ARAB 101</a>	College Arabic I
<a href="#">ARAB 102</a>	College Arabic II
<a href="#">ASL 109</a>	American Sign Language I
<a href="#">ASL 110</a>	American Sign Language II
<a href="#">CHIN 101</a>	College Mandarin Chinese I
<a href="#">CHIN 102</a>	College Mandarin Chinese II
<a href="#">FRENCH 101</a>	College French I
<a href="#">FRENCH 102</a>	College French II
<a href="#">SPAN 101</a>	College Spanish I
or <a href="#">SPAN 101H</a>	College Spanish I - Honors
<a href="#">SPAN 102</a>	College Spanish II
or <a href="#">SPAN 102H</a>	College Spanish II - Honors
<a href="#">SPAN 157</a>	Spanish for Heritage Speakers I
<a href="#">SPAN 158</a>	Spanish for Heritage Speakers II

*Adding information to page 59 of the printed version of the catalog, there are no changes to the online catalog - effective Fall 2025.*

## **Fitness Specialist - Certificate of Achievement**

The Fitness Specialist Certificate is designed to prepare students for employment as fitness instructors and a career in the rapidly expanding health and fitness industry. Students will gain academic knowledge and fitness skills through the required course work, as well as develop the skills necessary to apply this knowledge in a vocational setting. The curriculum has been designed to equip the student with a scientific background, both theoretical and practical, to successfully customize fitness programs that include education and guidance on nutrition, weight control, exercise physiology, flexibility, core strength, cardiovascular exercise, and resistance training.

### **REQUIRED COURSES:**

KIN 080 Techniques of Weight Training	2.0
KIN 081 Exercise and Fitness Assessment	2.0
KIN 101 Sports Psychology	3.0
KIN 104 Exercise Nutrition	3.0
KIN 200 Introduction to Kinesiology	3.0
KIN 231 First Aid and CPR	3.0

### *Optional Work Experience Course:*

KIN 098 Kinesiology Work Experience	1.0-4.0
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**Total: 16.0**

*Adding certificate to the printed version of the catalog, no changes to the online catalog - effective Fall 2025.*

## **Sociology Associate in Arts - Transfer Degree, AA-T**

Sociology is both a scientific and humanistic discipline. Sociologists examine the systems of social action including single social acts, social relationships, organizations, institutions, communities, and societies. Through analyses of society, its groups, institutions, and processes, sociologists attempt to understand and predict human behavior. The study of sociology prepares students for further study of and careers in social work, probation, corrections, human services, law enforcement, research, public policy, law and education.

The Associate in Arts for Transfer (AA-T) degree is intended for students who plan to complete a bachelor's degree in a similar major at a CSU campus. Students completing the AA-T are guaranteed admission to the CSU system, but not to a particular campus or major.

To earn this Sociology AA-T degree, students must meet the following requirements:

- Completion of the following major requirements with a minimum grade of "C" (or "P").
- Certified completion of the California General Education Transfer Curriculum (Cal-GETC), which requires a minimum of 34 units; and
- Completion of a minimum 60 Cal-GETC transferrable semester units with a minimum "C" grade required in each course. A "C" is defined as a minimum of 2.0 grade points on a 4.0 scale.

Students planning on transferring to a four-year institution and major in Sociology should consult with a counselor regarding the transfer process and lower division requirements.

### **REQUIRED COURSES:**

SOC 100	Introduction to Sociology <b>OR</b>	3.0
SOC 100H	Introduction to Sociology – Honors	3.0
SOC 110	Social Problems <b>OR</b>	3.0
SOC 110H	Social Problems – Honors	3.0

### *Statistics - 1 Course:*

PSYC 105	Statistics for the Behavioral Sciences <b>OR</b>	4.0
STAT C1000	Introduction to Statistics <b>OR</b>	4.0

STAT C1000H	Introduction to Statistics – Honors <b>OR</b>	4.0
ECON 208	Business and Economic Statistics	4.0
<b>LIST A - Two courses from the following: (6 units)</b>		
PSYC 201	Research Methods for the Behavioral Sciences	4.0
SOC 130	Family Sociology	3.0
SOC 145	Sociology of Gender	3.0
SOC 141	Race and Ethnic Relations <b>OR</b>	3.0
SOC 141H	Race and Ethnic Relations – Honors <b>OR</b>	3.0
ETHS 141	Race and Ethnic Relations <b>OR</b>	3.0
ETHS 141H	Race and Ethnic Relations – Honors	3.0
SOC 135	Introduction to Crime	3.0

**LIST B - One course from the following (or any course not used from List A): (3 units)**

SOC 150	Aging and the Life Course	3.0
SOC 120	Health and Social Justice	3.0

Major Total: 19-20

Total units that may be double-counted: 9

General Education (Cal-GETC) Units: 34

Elective Units: 15-16

*Removing an extra “or” between SOC 100H and SOC 110 - effective Fall 2025.*