

Psychology Transfer Degree, AA-T at SBVC

Psychology is both a natural and a social science concerned with the study of human behavior, thoughts, and emotions. As such, it is a broad discipline which involves both pure science and practical application of science to matters of daily living. The Psychology Associate in Arts Degree for Transfer (Psychology AA-T degree) provides students with an education in the core aspects of Psychology which include research methods, statistics, biological influences on behavior and mental processes, and major theoretical perspectives in the discipline. The Psychology AA-T degree prepares students for transfer to CSU campuses that offer bachelor's degrees in psychology.

The Associate in Arts for Transfer (AA-T) or the Associate in Science for Transfer (AS-T) is intended for students who plan to complete a bachelor's degree in a similar major at a CSU campus. Students completing these degrees (AA-T or AS-T) are guaranteed admission to the CSU system, but not to a particular campus or major.

To earn a Psychology AA-T degree, students must meet the following requirements:

- completion of the following major requirements with grades of C or better;
- completion of a minimum of 60 CSU transferable semester units with a grade point average of at least 2.0; and
- certified completion of the CSU General Education-Breadth (CSUGE) or Intersegmental General Education Transfer Curriculum (IGETC), which requires a minimum of 37-39 units.

It is **highly recommended** that students complete courses that satisfy the U.S. History, Constitution, and American Ideals requirement as part of CSUGE or IGETC before transferring to a CSU.

It is also **highly recommended** that students complete ENGL 101/101H or the equivalent before taking any Psychology courses beyond Psychology 100/100H.

SBVC PSYCHOLOGY Transfer Degree Requirements

REQUIRED CORE COURSES: (11 units)	Units
PSYCH 100, General Psychology	3
or	
PSYCH 100H, General Psychology – Honors	3
PSYCH 105, Statistics for the Behavioral Sciences	4
or	
MATH 108, Introduction to Probability and Statistics	4
PSYCH 201, Research Methods for the Behavioral Sciences	4
LIST A: Select one course (3-4 units):	Units
PSYCH 141, Introduction to Biological Psychology	3
BIOL 100, General Biology	4
LIST B: Select one course below or any course from List A not already used (3-4 units):	Units
CD 105, Child Growth and Development	3
or	
CD 105H, Child Growth and Development-Honors	3
ENGL 102, Intermediate Composition and Critical Thinking	4
or	
ENGL 102H, Intermediate Composition and Critical Thinking – Honors	4

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	Units
PSYCH 111, Developmental Psychology: Lifespan	3
PSYCH 112, Developmental Psychology: Child and Adolescent Psychology	3
SOC 100, Introduction to Sociology	3
or	
SOC 100H, Introduction to Sociology – Honors	3
List C: Select one course below or any course from List A or B not already used (3-4 units):	
MATH 102, College Algebra	4
PSYCH 102, Personal and Social Adjustment	3
PSYCH 110, Abnormal Psychology	3
PSYCH 118, Human Sexual Behavior	3

Major Total: 20-23 **Units**

CSU GE-Breadth or IGETC requirements: 37-39 **Units**

CSU Electives (as needed to reach 60 transferable units): 0-3

Units

Total Units: 60

**PSYCHOLOGY TRANSFER DEGREE, AA-T in Psychology at San Bernardino Valley College
Social Sciences, Human Development and Physical Education Division**

**Ψ PSYCHOLOGY DEPARTMENT
COURSE DESCRIPTIONS, 2019-2020**

Dr. Sandra Moore, Psychology Department Chair, (909) 384-8594, smoore@valleycollege.edu

Dr. Danielle Graham, Psychology Instructor, dgraham@sbccd.cc.ca.us

**See a counselor for information on specific CSU requirements or any other transfer issues.
Counseling Department, AD/SS 103, 909-384-4404**

Transfer Center, AD/SS 203, 909-384-4410, transfercenter@valleycollege.edu

PSYCHOLOGY 100-GENERAL

PSYCHOLOGY and PSYCHOLOGY 100H-GENERAL PSYCHOLOGY HONORS, There are no prerequisites for this course currently but students are advised to complete READ 015 or be eligible for READ 100 as determined through the SBVC assessment process to help succeed in this course. Students taking PSYCH 100H should also be eligible for ENGL 101/101H as determined through the SBVC assessment process.

PSYCH 100/100H Course Description: This course surveys the nature of human behavior and examines theories and principles pertaining to the topics of experimental design, perception, thinking, learning, personality, psychological testing, emotion and motivation. Includes essential features of the biological and neurological bases of behavior. This course has no prerequisites, is worth 3 units, is Associate Degree applicable, and transfers to CSU and UC.

The Department advises students to complete READ 015 or be eligible for READ 100 as determined through the SBVC assessment process before taking any courses beyond PSYCH 100/100H.

PSYCHOLOGY 102, PERSONAL AND SOCIAL ADJUSTMENT

Prerequisite: PSYCH 100 or PSYCH 100H

Departmental Advisory: READ 015 or eligibility for READ 100 **before** taking this course.

PSYCH 102 Course Description: This course is the study of personal growth and adjustment issues from a variety of theoretical perspectives and includes a review of the characteristics of healthy and unhealthy behavior patterns. Topics include techniques and coping devices by which one can more effectively deal with problems of day-to-day living. This course is worth 3 units, is Associate Degree applicable, and transfers to CSU and UC.

PSYCHOLOGY 105, STATISTICS FOR THE BEHAVIORAL SCIENCES

Prerequisite: MATH 095 or MATH 096

Departmental Advisory: PSYCH 100 or PSYCH 100H and READ 015 or eligibility for READ 100 before taking this course.

PSYCH 105 Course Description: This class focuses on statistics as applied to the social sciences including such topics as measurement, frequency distributions, measures of central tendency, measures of variability, the normal distribution curve, correlation, sampling, statistical inference, hypothesis testing and an introduction to analysis of variance. This course is worth 4 units, is Associate Degree applicable, and transfers to CSU and UC.

PSYCHOLOGY 110, ABNORMAL PSYCHOLOGY

Prerequisite: PSYCH 100 or PSYCH 100H

Departmental Advisory: READ 015 or eligibility for READ 100 as determined through the SBVC assessment process before taking the course.

PSYCH 110 Course Description: This class is a survey of the field of mental and emotional disturbances, emphasizing causes and types of disorders. Special attention is paid to the variety of suffering in our culture and the issues raised over classifications of normal and abnormal behavior. This course is worth 3 units, is Associate Degree applicable, and transfers to CSU and UC.

PSYCHOLOGY 111, DEVELOPMENTAL PSYCHOLOGY: LIFESPAN

Prerequisite: PSYCH 100 or PSYCH 100H Departmental Advisory: READ 015 or eligibility for READ 100 as determined through the SBVC assessment process before taking the course.

PSYCH 111 Course Description: This course is a survey of lifespan developmental psychology from conception through death, including biological and environmental influences. Theories and research of physical, cognitive, personality, and social development are examined, as well as attention to developmental disturbances and problems. This course is worth 3 units, is Associate Degree applicable, and transfers to CSU and UC.

PSYCHOLOGY 112, DEVELOPMENTAL PSYCHOLOGY: CHILD AND ADOLESCENT PSYCHOLOGY

Prerequisite: PSYCH 100 or PSYCH 100H

Departmental Advisory: READ 015 or eligibility for READ 100 as determined through the SBVC assessment process before taking the course.

Course Description: This course surveys the psychological growth of the normal individual from conception through adolescence with emphasis on stages of development. A particular emphasis is given to physical development, intellectual development, social and emotional development during the first two decades of life. Other topics include good and bad parenting styles and the potential problems encountered by children and

adolescents. This course is worth 3 units, is Associate Degree applicable, and transfers to CSU and UC.

PSYCHOLOGY 118, HUMAN SEXUAL BEHAVIOR

Prerequisite: PSYCH 100 or PSYCH 100H **Departmental Advisory:** READ 015 or eligibility for READ 100 as determined through

the SBVC assessment process before taking the course.

PSYCH 118 Course Description: This course provides an overview of the field of human sexuality through examining human sexuality from psychological, biological, sociocultural, and historical perspectives. Current sex norms and aspects of interpersonal and individual sexual adjustment will be explored. Students will be encouraged to develop an awareness of their own sexual attitudes, values, and behaviors and to evaluate the consistency of their behaviors within their own moral frameworks. This course is worth 3 units, is Associate Degree applicable, and transfers to CSU and UC.

PSYCHOLOGY 141, INTRODUCTION TO BIOLOGICAL PSYCHOLOGY

Prerequisite: PSYCH 100 or PSYCH 100H **Departmental Advisory:** READ 015 or eligibility for READ 100 as determined through the SBVC assessment process before taking the course.

PSYCH 141 Course Description: This course will examine the biological basis of behavior. Topics will include basic neuro-anatomy and neurophysiology, nervous system structure and functions, brain-behavior relationships underlying movement, sensation, perception, learning, memory, consciousness, emotion, language, and psychological disorders. This course will also examine the scientific method and current research on brain-behavior relationships and mental processes. This course is worth 3 units, is Associate Degree applicable, and transfers to CSU and UC.

PSYCHOLOGY 201, RESEARCH METHODS FOR THE BEHAVIORAL SCIENCES

Prerequisites PSYCH 105 or MATH 108 and PSYCH 100 or PSYCH 100H

Departmental Advisory: READ 015 or eligibility for READ 100 as determined through the SBVC assessment process before taking the course.

PSYCH 201 Course Description: This course focuses on various research methods primarily used in the social sciences including such topics as research design, experimental procedures, descriptive methods, instrumentation, and the collection, analysis, interpretation and reporting of research data. This course is worth 4 units, is Associate Degree applicable, and transfers to CSU and UC.