



# NEW SERVICE FOR SBVC STUDENT SUPPORT

care solace

Calming the Chaos of Mental Health Care.

## STUDENT WELLNESS

Care Solace makes it easier for students to connect with mental healthcare resources and providers in their communities.

### OUR PURPOSE

We connect communities to reliable, ethical and high-quality mental healthcare services.

The proprietary care navigation system taps into a vast database of mental healthcare resources to find carefully vetted local therapists and programs in minutes.

### 24/7 CARE CONCIERGE TEAM

The Care Concierge takes the stress off of students by breaking down the barriers to mental healthcare. Care Solace is a resource available to students for free.

This 24/7 team of care coordinating experts guide and support students throughout the entire process. We only refer to trusted and ethical providers. We speak English, Spanish, Mandarin, Cantonese and Vietnamese.

### 24/7 CONCIERGE ASSISTANCE

- Accessing vetted mental health providers
- Discovering virtual therapy options
- Assessing provider availability
- Reducing wait times into care
- Navigating Insurance or no insurance
- Scheduling an appointment(s)
- Phone, email, video chat
- Response time is typically within 15-minutes or less

### TALK TO US

1-888-515-0595

[weserve@caresolace.org](mailto:weserve@caresolace.org)

[www.caresolace.com/sbvc](http://www.caresolace.com/sbvc)

Please note, Care Solace is not an emergency response service. In the event of a life threatening emergency, please call 9-1-1 or the National Suicide Hotline 1-800-273-8255.

