



## *President's Board Report*

*October 9, 2008*

### **Prescription for Student Health Services Building: Dedication**

Members of the SBCCD Board of Trustees, Chancellor Dr. Noelia Vela, students, staff, faculty and community members all gathered on Monday September 15th for the grand opening celebration of the new Student Health Services building.

SBVC President Dr. Debra Daniels welcomed the dignitaries—including former SBVC Health Services Coordinator Jan Green who started the push for a dedicated health services building more than 10 years ago. Additional speakers included Don Puddy and Cade McMullin from Kitchell/BRJ who were responsible for the building project along with current Health Services Coordinator, Elaine Akers.

“We are so thankful to have a dedicated facility that is professional, welcoming, accessible, and provides space to expand our services,” said Akers.



*(from L to R), Board of Trustees members Dr. Chuck Beeman and James Ramos join Student Trustee Javier Alcaraz and SBVC Student Health Services Coordinator Elaine Akers in fighting the wind to cut the ceremonial ribbon.*

After the official ribbon-cutting ceremony, guests were invited to enjoy refreshments and guided tours of the new facility that is already getting high marks from students.

## Staff and Faculty Give Back at Heart Walk

About 25 SBVC staff and faculty participated in the Inland Empire Heart Walk event on Saturday, September 20th in Riverside and helped raise \$675,000. Friends, family members and colleagues of the SBVC walkers contributed \$2,000 for the American Heart Association.

In addition to walking and raising funds for the American Heart Association, staff and faculty from the Nursing Program team also sponsored a booth for blood pressure checks.



## Nursing Professor Wins National Award

SBVC Assistant Professor of Nursing Sandra Waters was recently recognized as the first award winner of the Cheerios National Sisters Saving Hearts Grant.

Cheerios honored five individuals or organizations with a \$5,000 grant to a charity of their choice that is committed to fighting heart disease in their community and Sandra's chosen charity was the Inland Empire Black Nurses Association.



*Sandra Waters*

In addition to 20 years of training the next generation of nurses at SBVC, Sandra is described by her peers as "the voice of heart health in the Inland Empire's African American community." Using her knowledge and her voice, Sandra served as the president of the Inland Empire Black Nurses Association where she reached out to help communities of color better understand their increased risk for heart disease—and prevention techniques. She works with both the American Heart Association and the African American Health Institute of San Bernardino County while serving as an active participant on the California Heart and Stroke Task Force.

Sandra's ultimate goal is to establish health resource centers in neighboring churches as a way to readily share information and resources with African American women and families.

“Many people don’t understand the effects of their medication and how it affects their health even if they are feeling better,” Sandra said. “The key is to change lifestyle behaviors and promote overall health.”

Beyond the \$5,000 grant, Sandra also received a certificate, a trophy, some pajamas, slippers and a box of Honey Nut Cheerios.

In conjunction with the Congressional Black Caucus, Cheerios Sisters Saving Hearts is a grant-giving initiative that recognizes heart-inspiring heroes in the Black community. Heart disease is the number one killer of women in the United States (eight times greater than breast cancer), and it disproportionately affects African-American women more than any other race.

## **Middle College High Is Only School in County to Win Prestigious Blue Ribbon School Award**

San Bernardino City Unified School District’s and SBVC’s Middle College High School is the only school in San Bernardino County to be named a 2008 No Child Left Behind (NCLB) Blue Ribbon School.

For 25 years, the Blue Ribbon Schools program has recognized public and private schools throughout the nation that are academically superior or demonstrate dramatic improvement in student achievement. The California Department of Education nominated California public schools from among the 2007 California Distinguished School honorees, of which Middle College High was one.

“Middle College has exceeded our expectations in every way. It has had a tremendous impact on not only its own students, but for the entire community,” District Superintendent Dr. Arturo Delgado said. “Middle College High School has proven that the students in our District have the drive to succeed and can go to college when provided with the necessary skills and opportunities.

Based on the data, Middle College is a success. For example, the mean high school grade point average (GPA) of 2008 graduates was 2.49 when they entered the program, but 3.60 when they graduated. Over 40 percent of 2008 graduates also earned an associate’s degree, and all seniors passed the California High School Exit Exam.

“We are extremely pleased that the achievements taking place at Middle College High are being recognized. With only 27 schools in California receiving the distinction of being Blue Ribbon Schools, we applaud the work of the students, teachers, administrators, and staff at Middle College High, as well as those in the San Bernardino City Unified School District,” County Superintendent Gary Thomas said.

“This is a wonderful validation of all of the hard work and effort by the Middle College students and staff in the educationally stimulating environment provided by the San Bernardino City Unified School District and San Bernardino Valley College. This partnership provides students the opportunity to work hard, to set goals, and achieve those goals,” MCHS Coordinator Bette Vest said. “We may be a small school, but we are potent. I thank all our students present and past for all of their work and commitment.”

## Children's Fund Contributes \$24,000 To Create Scholarship

In a ceremony at the San Bernardino County Courthouse, the Children's Fund Endowed Scholarship at SBVC was created in the amount of \$24,000 to help promote higher education for foster youth in San Bernardino County.

SBVC was one of several community colleges in the area that received funds due to their important role in providing higher education for individuals.

The scholarship will provide funds for fees, books, expenses, equipment or class supplies for students who are under the jurisdiction of the San Bernardino County Department of Child Services or are an emancipated foster youth from San Bernardino County less than 26 years old. The student must maintain a 2.5 GPA in pursuit of a degree or certificate and apply for additional funding via the FAFSA and show financial need.



*(from L to R), Paul Rubalcaba (SBVC Foundation), Josie Gonzalez (San Bernardino County 5th District Supervisor), Dr. Debra Daniels (SBVC President), Rebecca Stafford (Executive Director, Children's Fund), Peter Pitassi (Chairman, Children's Fund, Inc.) and*

## Architecture Students Present Design Proposals to City of San Bernardino

The City of San Bernardino Water Department invited SBVC Architecture Department students to develop and design project proposals for several sites within the city. The purpose was to provide an opportunity for students to become directly involved in real projects while benefiting the community.



Design objectives were to provide a water conservation/water smart demonstration opportunity, with attention to ongoing maintenance, initial costs and maintenance costs, vandal resistance and support the needs of the senior population. Students proposed further objectives of creating an environment that would be fun, vibrant, colorful, exciting and inviting.

On Monday September 8, student-assembled presentations were made to a panel of seven City of San Bernardino department heads. These presentations were enthusiastically accepted and endorsed by the city officials. The students were invited to combine aspects of several concepts presented and return to present the final concept in 3 weeks. Should the final concept be endorsed the students will move into the development of construction drawings.

## Outreach Events: Elementary Schoolers and Hot Rodders

Among the cavalcade of outreach events in September, two different events stand out—a visit from Urbita Elementary School students and SBVC's booth at the 19<sup>th</sup> Annual Route 66 Rendezvous.

From September 15-18, students from Urbita Elementary School were taken on a tour of the campus by SBVC student ambassadors.

Whether looking at a skeleton of bones in the Health & Life Science building, climbing up and down the stairs while looking at all of the books in the library, or watching students paint a vehicle, there were approximately 600 anxious, curious, and excited kindergarten through sixth grade students getting information about San Bernardino Valley College.



*Urbita Elementary Students*

The most requested place to visit was the track/football field. The students enjoyed being allowed to sit on the artificial turf or run around the track. Despite the fact that the students live nearby, most of the students have never been on campus before.



*SBVC's Route 66 Rendezvous Booth*

From September 18th to 21st, SBVC students, staff and faculty filled three booths at San Bernardino's largest event—the 19th annual Route 66 Rendezvous.

Thanks to the efforts of the Financial Aid Office, Tech Division and even Valley-Bound Commitment students, the booth was a popular destination for prospective students that asked questions about everything from the nursing program and welding classes to Planetarium shows and FAFSA eligibility.

The highlight of the booth was the 1949 Mercury hot rod from SBVC's Street Rod class taught by industry legend and SBVC instructor Kenny Dickens.

## Student Profile: Marc Adams—From Soldier to Student

It was 1991, and U.S. Marine Marc Adams found himself taking cover behind a building in battered downtown Baghdad as part of Operation Desert Storm in the first Gulf War. After not receiving communication from one of the men in his group, it was his responsibility to find his colleague. Marc was forced to step out from behind his cover position and the next thing he remembers is waking up in a military hospital in Germany.

Marc was wounded by an Iraqi sniper's shot that shattered the head of his left femur and damaged the interior position of the joint. Facing discharge, he realized that he did not want to leave the military and petitioned to remain a Marine after rehabbing and restoring most of his mobility.

Much to his disappointment, Marc was forced to leave the Marine Corps in 2000 due in part to his injury, and over time, his hip condition continued to degenerate and he found himself unable to walk by the end of 2006. In 2007, Marc underwent a total left hip replacement at the VA hospital in Phoenix and realized he would have to change the way he thought about earning money.

"I had always used my physical abilities to earn money—whether it was in the military or in the roofing business," Marc said. "But, after the surgery, I also lost my father and returned to the San Bernardino area and realized that I needed education to reach my career goals."

Marc's love of building houses led him to enroll at SBVC where he began taking his core classes and is seeking to focus his studies on Architecture and Environmental Design.

"I love to build houses and realized that I can make more money designing houses instead of just fixing them. My goal is to help re-build low-income housing and redesign homes for HUD and other organizations," Marc said. "I chose SBVC because it was inexpensive, close to my home, and the teachers are really great."

Marc is still challenged by the reality of rehabilitating from hip replacement surgery. To aid in his recovery, Marc enrolled in PE/I 186—the 1-unit Adaptive Physical Education: Stretching and Stress Reduction

class at SBVC. Taught by Cindy Runyon, the course is designed for students with disabilities to improve or maintain their flexibility and joint range of motion as well as learn techniques for stress reduction and relaxation.

"Every step is a thought process to avoid falling on my face. I've had to invent different means of dealing with the pain," Marc said. "The class really allows for relaxation and helps eliminate some of the damage from overcompensating due to my injuries. Sometimes we are using a yoga ball, doing floor stretching, or just relieving tensions with complete silence."

Marc's range of movement is steadily getting better now as he battles the twin foes of atrophy and nerve damage even two years after his surgery. He estimates his movement at 30% of normal and is working towards his goal of 90%.

"Just like in construction, building a solid foundation and having concrete goals is important. I'm trying to learn something on a daily basis, and being here at SBVC really helps," Marc said. "You have to make your situation work for you. With some adaptability and focus, you can be successful—and that success is what YOU want it to be, not in the definition of others."



*Marc Adams performs an exercise in one of SBVC's Adapted P.E. classes taught by Cindy Runyon (pictured in background.)*

## ***Save The Date***

**Wednesday, October 15, 2008**

10:00 a.m. – 1:00 p.m. – Campus Quad

### Transfer Fair

Dozens of 4-year colleges and universities will be on campus looking to speak with students interested in furthering their education after SBVC. For more information, contact SBVC Transfer & Career Services at 909.384.4407.

**Friday, October 17 & Friday, October 31, 2008,**

6:30 p.m. (show starts promptly at 7:00 with no late seating) – George F. Beattie Planetarium

### Horrors of the Universe

Join Chris Clarke as the official SBVC tour guide of the stars invites the community to the George F. Beattie Planetarium as part of the ongoing 2008-2009 public show schedule. SBVC/CHC/SBCCD staff, faculty AND their guests are admitted for free (including retirees). General public admission is \$3.00. Students, seniors and alumni are \$2.00 and children 10 and under are \$1.00. For more information, contact Chris Clarke at 909.384.8539.

**Monday, October 27 – Thursday, October 30, 2008**

Various times and locations around campus

### Red Ribbon Week

A campus-wide event will be held on Wednesday the 29<sup>th</sup> organized by the Human Services Division and Student Assistance Program. A candlelight memorial will be held on Thursday, October 30<sup>th</sup>. For details, contact Joan Harter at 909.384.8672.

**Saturday, November 8, 2008**

6:00 p.m. – SBVC Football Field

### SBVC Track and Football Field Dedication and Homecoming Football Game

Homecoming festivities will be highlighted by the dedication of Dr. Charles H. Beeman Track and the Henley Brothers Field during the half-time of the SBVC vs. Golden West College (Huntington Beach) conference game.

**Saturday, November 15, 2008**

10:00 a.m. – 2:00 p.m. – Campus Quad Under the Big Tent

### Super Saturday Open House

This free event is aimed at bringing the community on campus to discover all that SBVC has to offer. New and prospective students can become an SBVC student that day and register for Spring 2009 classes. Campus tours and free food, games and activities for kids will also be available.